

## SPEAKING TEST 1

ROLE PLAYER'S CARD NO. 1

SETTING: Suburban General Practice

PATIENT: You are a 52-year-old patient who has recently undergone a thyroid gland removal operation. A doctor has come to examine you and you are very anxious to discuss the difficulties you have been facing since the operation.

Task:

- Tell the doctor about the difficulties you've been having with swallowing and speaking.
- Ask the doctor for the reason why you are experiencing difficulties with breathing.
- Ask about how much time it will take to completely recover and about what precautions you need to take etc.

CANDIDATE'S CARD – 1

PLACE: Suburban General Practice

DOCTOR : You are a doctor who is attending on a patient who has recently undergone an operation for thyroid gland removal. The patient is unable to speak properly and they are having difficulties with swallowing and even with breathing properly.

Task:

- Begin with warm and friendly greetings.
- Answer any questions that the patient may have.
- Assure them that problems related to speaking, swallowing and breathing will go away soon (usually within 2-3 weeks following the operation).
- Advise the patient not to pressurize their vocal chords by speaking continuously.
- Also, explain the precautions that they may have to take in order to get better as soon as possible.

END OF SPEAKING TEST 1

## SPEAKING TEST 2

### ROLE PLAYER'S CARD NO. 1

SETTING: Suburban General Practice

PATIENT: You are a patient who is recovering from a minor knee fracture. A doctor visits you in the morning to examine you. You would like to know when you can be discharged from hospital as you are a student who has exams next month.

Task:

- Ask the doctor when you can go home.
- Find out how you can recover from this knee fracture and how long the recovery process will take.
- Find out if there is anything you can do to improve your present condition and if there are any precautions you should take to help with the recovery process.

### CANDIDATE'S CARD – 1

PLACE: Suburban General Practice

DOCTOR:

You are a doctor talking to a patient who is recovering from a minor knee fracture. The patient asks you about when they can be discharged from the hospital and goes home; they are anxious because they have exams next month.

- Assure them that they will be alright again soon
- Reassure them that they will definitely be able to take their exams.
- Advise them about the importance of taking the medicine on time.
- Also, let them know about the precautions that they should take in order to get well as soon as possible.
- Suggest some easy exercises that will help to heal the knee injury as well.

END OF SPEAKING TEST 2

### SPEAKING TEST 3

#### ROLE PLAYER'S CARD NO. 1

PLACE: Patient's Home

Patient: You are a diabetic patient. Recently, your physician has suggested that you should start insulin injections. A doctor has come to your house to teach you how to give yourself these insulin injections, but you are a bit distressed as you are not able to understand why it is required for you to take these injections. You are also worried about having to perform the injections yourself as it seems like it will be quite difficult.

Task:

- Ask the doctor why it is necessary to start insulin injections.
- Inform the doctor that you have been managing your diabetes with your diet and tablets really well for several years.
- Express your anxiety when the doctor teaches you how to inject yourself.

#### CANDIDATE'S CARD – 1

PLACE: PATIENT'S HOUSE

Doctor: You are a doctor speaking to a patient about diabetes and insulin injections. The patient's family physician at the hospital asked you to go to the patient's house to teach them about how to take insulin injections on their own. The patient is worried because they don't understand why it is necessary to start these insulin injections, as they believe that they are able to manage their diabetes perfectly well with diet and tablets.

- Explain to the patient why insulin injections are important.
- Explain in detail the process of giving oneself an insulin injection.
- Reassure the patient that it is an easy process, if you find that the patient is anxious.
- Explain about the significance of using clean needles, the process of administering, general sites for injections and the importance of needle disposal etc.

END OF SPEAKING TEST 3

## SPEAKING TEST 4

ROLE PLAYER'S CARD NO. 1

PLACE: Hospital, Richmond.

PATIENT: You have recently given birth to a baby girl. You want to breastfeed your baby but you have been experiencing some problems with it; your breasts are swollen with an unusual soreness.

- Ask about what the best treatment for this is.
- Inform the doctor that you are allergic to some antibiotics.
- Try to avoid antibiotics if they are offered to you.
- You were given a few tips about breastfeeding but you have forgotten, so ask for the information again.

CANDIDATE'S CARD NO. 1

PLACE: Hospital, Richmond.

DOCTOR: A woman who is a first-time mother is worried about an unusual soreness and engorgement of her breasts. As her doctor, you must try to reassure her about this temporary engorgement and offer her advice about how to cope.

- Inform the patient about the best medicine for her to use.
- Give her a few tips about breastfeeding.
- Reassure her and give her advice about how to cope with her problems.

END OF SPEAKING TEST 4

## SPEAKING TEST 5

### ROLE PLAYER'S CARD NO.1

PLACE: Hospital

Patient: You are a patient who underwent bunion surgery an hour ago. You are anxious to know how fast you can recover from this surgery. You want to speed up the healing process and would like to decrease your chances of experiencing discomfort, anything from moderate to severe.

Task:

- Ask the doctor what care you should take to be able to get better as soon as possible.
- Ask about the duration of the pain medications.
- Ask about specific exercises you can perform that can help with your recovery.

### CANDIDATE'S CARD – 1

PLACE: Hospital

Doctor: You are a doctor who is talking to a patient who has undergone bunion surgery an hour ago. The patient is anxious and would like to know about what they can do to recover from this surgery. They would like to know when they will be able to walk around without any pain and if there are any precautions they can take or exercises they can do to help.

Task:

- Begin with warm greetings
- Assure the patient that they will be alright again soon.
- Give them some precautions or suggestions about how to speed up the process of recovery, e.g. avoiding showers for the first two weeks, the necessity of bed rest, the importance of wearing a surgical shoe, the importance of taking pain killers if required and use of ointment etc.)

END OF SPEAKING TEST 5

## SPEAKING TEST 6

### ROLE PLAYER'S CARD NO.1

Setting: Alpha Hospital, London

Patient: You are 32 years old and recovering from an injury to your right elbow. You have recently undergone an operation for this injury but it is a week later and you are still not able to make any movements with your arm. You are a bit worried because you feel pain even if you raise your hand a little bit and you're afraid that you may not completely recover.

Task:

- Explain the problems that you have been experiencing with movement to the doctor and express your fear and anxiety about your recovery.
- Ask your doctor how much time it will take for you to recover and what you can do to help with this process.
- Ask if there are any types of exercises which you could perform to aid your recovery.
- Ask your doctor if he can arrange for a physiotherapist to visit you as well.

### CANDIDATE'S CARD NO. 1

Setting: Alpha Hospital

Doctor: You are speaking to a young man who has recently been operated on by you, due to an injury to his right elbow. It has now been over a week since the surgery and the patient is still not able to make any sort of movements with his arm. He is a bit worried and wants to know how much time he will take to recover from this injury.

Task:

- Explain to the patient how severe this injury was, but relieve his anxiety by explaining to him about how lucky he is to have avoided a much more severe injury.
- Explain to the patient why he is not able to make any movements at the moment and inform him that the elbow bone and the bone around the shoulder are slightly fractured, which may take time to heal properly etc.
- Ask him to try some movements in a lying down position on the bed, for example, lifting his hand up and down, slowly and cautiously, giving some movements to the fingers etc.
- Explain how a physiotherapist can help him with his recovery.
- Advise the patient to take the medicine on time as well.

END OF SPEAKING TEST 6

## SPEAKING TEST 7

### ROLE PLAYER'S CARD NO.1

Setting: LEO Hospital

Patient: You are 43 years old and have recently undergone endoscopic sinus surgery – FESS (functional endoscopic sinus surgery). After a week's stay at the hospital, you are now going to be discharged and go back to your home. You don't know what precautions you will have to take to recover fully and you are worried about whether you will have to take the antibiotics for a long period of time. You are a smoker and would like to know whether you can continue smoking or if you will have to quit.

Task:

- Explain to the doctor what you are very concerned about and try to find out what you should do if your nose bleeds in the future etc.
- Ask doctor what you can do to stop the development of any kind of infection in future.
- Ask doctor if you can indulge in any physical activities or not, for example, jogging, running etc.
- Find out how much time it will take to fully recover and what you can do to help with this.
- Find out whether you will have to come in for a check-up monthly or quarterly.
- Ask your doctor if you can continue smoking or whether you will have to quit.

### CANDIDATE'S CARD NO. 1

Setting: LEO Hospital

Doctor: You are speaking to a patient who has recently undergone FESS (functional endoscopic sinus surgery). After a week's stay at the hospital, the patient is finally going home but they are worried and want to know what precautions they need to take to stop any kind of infection and to fully recover. The patient is a smoker and wants to know whether they can continue smoking after a week or two, or whether they must quit smoking for good.

Task:

- Try to reassure the patient by saying that there will be no complications of any kind after the operation and that nosebleeds only occur in 1-2% of patients.
- Explain to the patient what precautions they need to take to avoid any kind of infection or any sort of complications. Explain that they may have to avoid partaking in physical activities like running etc., blow the nose gently after nasal irrigation, avoid heavy nasal blowing for at least 10 days after the operation, avoid smoky or dusty atmospheres, and avoid hot baths and showers etc.
- Explain to the patient why they will have to quit smoking for at least a couple of weeks or months; smoking may lead to a higher chance of infection.
- Advise the patient to take the medicine on time as well.

END OF SPEAKING TEST 7

## SPEAKING TEST 8

### ROLE PLAYER'S CARD NO.1

Setting: London Hospital

Patient: You are a 26 year old who has recently had your appendix removed at the hospital. Two days after the operation, you are back in hospital again, due to drainage from the incision. You are a bit worried about this and you want to know if it is going to affect your life in the future.

Task:

- Explain to the doctor what problem you are facing; explain how it is painful, about the fever, the redness and swelling around the incision, the warmth around the incision etc.
- Express that you are worried about your recovery and that you want to resume your normal daily activities as soon as you can.
- Ask your doctor how much time it will take for you to recover and what you can do to help speed up this process.
- Ask if you need to adopt any sort of special diet plan.
- Take suggestions from the doctor about what to do if drainage occurs in the future etc.

### CANDIDATE'S CARD NO. 1

Setting: London Hospital

Doctor: You are speaking to a patient who has recently had their appendix removed. The patient was given discharge from the hospital the day after the operation but, two days later, they were taken back to the hospital again due to drainage from the incision. The patient is worried and wants to know what they can do to get better as soon as possible.

Task:

- Explain to the patient what might have led to the drainage from the incision; explain that it is very rare and that it may happen due to sudden movement or due to any sort of injury etc.
- Explain to the patient what sort of diet would be best and what they can do to avoid more problems in the future.
- Explain to the patient about the complications which have occurred due to this unexpected drainage from the incision.
- Explain to the patient that it will take a bit of time to heal again.
- Advise the patient to take the medicine on time and explain the benefits of adopting the right diet plan etc.

END OF SPEAKING TEST 8



## SPEAKING TEST 9

### CANDIDATE'S CARD NO. 1

Setting: CWC Hospital

Doctor: A 54-year-old man has recently undergone bypass heart surgery. He is worried about what precautions he might have to take in order to maintain a healthy lifestyle and prevent any problems in the future.

Task:

- Explain to the patient about what precautions he might have to take in order to avoid any sort of complications after the operation. Discuss the necessity of keeping the incision area clean and tidy, not driving for about the first 6 weeks after the operation etc.
- Explain to the patient what diet plan would be best for him; let the patient know that having a poor appetite after the operation is completely normal and provide special dietary instructions.
- Make the patient aware of what circumstances would require him to contact the doctor immediately, for example, if there is numbness, itching tightness etc. around incision or he is experiencing a lot of pain in his legs or around the chest.
- Advise the patient to take the medication on time and stress the importance of regular heart check-ups.

### ROLE PLAYER'S CARD NO. 1

Setting: CWC Hospital

Patient: You are 54 years old and currently recovering from bypass heart surgery. You are worried about your recovery and would like to know if there is anything you can do to help speed up this process, or what precautions you may have to take to avoid any sort of problems in the future.

Task:

- Talk to the doctor about how you can get well as soon as possible and how much time it will take for you to recover etc.
- Try to find out from the doctor what your diet should be like.
- Find out whether you can go for a morning walk after a month or not.
- Ask your doctor what precautions you may have to take in order to stay healthy and avoid any problems in the future.

END OF SPEAKING TEST 9

## SPEAKING TEST 10

### CANDIDATE'S CARD NO. 1

Setting: ENT Hospital, London

Doctor: Mark Surry, 23, is a tonsillectomy patient. Tonsil surgery was performed two days ago. After the operation, the patient started complaining of ear pain and sickness. He wants to know if there are any complications involved in it or whether this surgery is going to affect his voice. He also wants to know about what care he has to take in order to feel better soon.

Task:

- Explain to the patient that the surgery was successfully performed and that he doesn't have to worry about anything.
- Explain to the patient why there can be ear pain sometimes, for example, a patient may have sore ears which is completely normal. This is because the throat and ears have the same nerves; it doesn't suggest that the patient has an ear infection.
- Explain to the patient about possible complications as well. The most serious among them is bleeding, which may occur in 1 in every 100 patients. If bleeding occurs, then a second operation may be required.
- Explain to the patient about the possibility of feeling sick, a common symptom after the operation, which should settle down quite quickly.
- Assure the patient that he will have no problems in the future at all; explain to the patient that there will be no effect on his voice.
- Explain to the patient what diet would be best for him and what he should avoid etc.

### ROLE PLAYER'S CARD NO. 1

Setting: ENT Hospital

Patient: You are Mark Surry and you are 23 years old. You are a tonsillectomy patient. Two days after the operation, you started feeling pain in your ear. You are worried and want to know if there are any possible complications after this operation.

Task:

- Explain to the doctor the problem you are experiencing: the ear pain, the sickness etc.
- Express that you are a little bit worried about these symptoms.
- Try to find out everything about the possible complications which may occur.
- Ask the doctor if there will be any effect on your voice due to the operation and what you can do to feel normal again.
- Ask if you have to alter your diet in any way.
- Find out how much time it will take for you to recover. Take suggestions from the doctor about what things you can do to aid your recovery.

END OF SPEAKING TEST 10